

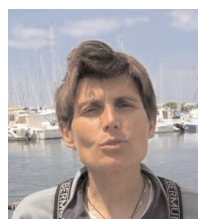
02. Raphaëla's support team

Raphaëla Le Gouvello Education packet - Windsurfing solo across the Indian Ocean

<http://www.respectocean.com>



Life on board



Hélène André
Association Secretary



Jean-Claude Belot
Masseur-physical Therapist



Anne Combier
Coordination
and Management



Hélène Chevreuil
Medical Doctor



Sébastien Destrémeau
Australia Liaison
Fremantle Yacht Club



Cyril Ducrot
Technical Trainer



Pierre Lagnier
Meteorologist



Anne-Henri le Gouvello
Association President



Scott Mc Allister
Australia Liaison



Jean-Claude Menard
Mental and Physical
Preparation



Véronique Millour
Logistics



Rémi Weyl
Webmaster

A voyage of close to 3,400 nautical miles (about 3,900 statute miles, or 6,300 kilometers) on the high seas, alone on a sailboard, requires perfect preparation, both mental and physical.

Raphaëla couldn't do it alone, however. For months, a ten-member team has stood by her, each one motivated by the same desire – to support her and help her meet the challenge.

«This challenge of an Indian Ocean crossing has now gotten a hold of me and each day takes a stronger grip thanks to our partners who quickly demonstrated their confidence in us. I want to thank them, but also I want to thank my team which has shown its determination, its professionalism, its unity, and its motivation.

"I need their great dynamism because it will not be an easy endeavor for me. This time we spend together beforehand, during, and after the crossing is priceless».

Raphaëla

During the entire duration of the crossing, the team will be thoroughly riveted to Raphaëla's progress and tuned in to her 24 hours a day. They organized the route, will staff the telephone transmissions, and counsel and reassure her.

In addition, also supporting her are a doctor specialized in nutrition, a personal trainer, a masseur-physical therapist, sailboard technicians, and an Australian liaison for the French team.

They have all been backing her and will continue to do so.

Not to overlook a meteorologist who will continue to provide Raphaëla weather advisories during the crossing.

Finally, data, information, and messages will be orchestrated by a faithful follower of Raphaëla's routes who is in charge of her official Website dedicated to the Indian Ocean crossing!

Thanks to him you will be able to follow her progress on the Website, almost as if you were there!